Connecting with friends online and using social media tools can be fun. Making **SMART CHOICES** will keep you safe.

**Manage Your Digital Footprint**
- Be aware of what your online reputation says about you
- Know what comes up if you Google yourself

**Protect Your Privacy Online**
- Post wisely and keep personal details to a minimum
  - Use privacy settings on social media sites to limit who can see and use your personal information.
- Turn off location services
  - Share your location with only those you know and trust.
- Who are your online friends?
  - Accept friend requests only from people you know.
- What if someone asks for your picture?
  - Share images you’d be okay with the world seeing, and only with people you know and trust.

**Unplug**
- Take breaks from devices once in a while
- Charge devices outside your bedroom overnight

**Be iSmart**
- We agree, you’re smarter than that.
What happens online can have REAL LIFE consequences.

#Cyberbullying
Online harassment is a serious offence and can result in criminal charges.

#Sex Talk Online
Don’t talk about sex online or post sexual pictures of yourself or anyone else.

#Self/Peer Exploitation
Sexting (sending explicit messages, images or videos) can lead to serious consequences including criminal charges.

#Think B4 U Share
It’s difficult to remove information once it’s online.

Want more info? Have an online situation?
- needhelpnow.ca
- rcmp-grc.gc.ca/cycp-cpcj
- getcybersafe.gc.ca

Need to report something?
Go to cybertip.ca or contact your local RCMP
bc.rcmp-grc.gc.ca